



SONYA FLEX ACADEMY

CLASS RULES (please initial each item)

_____ **Students are required to show up five (5) minutes prior to each class, ALL students should arrive dressed and ready for class, hair must be worn UP and neatly off the face.**

_____ Students should dress accordingly for class; Fitted athletic wear is encouraged (black fitted tank top, black spandex shorts, black tights). .
Toe shoes are recommended, these shoes can be ordered at our facility.

_____ **Students are not expected to purchase their own equipment. If they like to have their own, Equipment is available for purchase at our facility.**

_____ Students are expected to be on time for each class.

Late students are required to greet the Coach and to ask permission to join the class; this shows respect to the rest of the students and the Coach as well. No refunds will be given for late show up or for missed practice.

_____ **Students are only allowed to participate in the class or classes enrolled during registration, students unable to participate in their scheduled class will NOT be allowed in any other class. Please refer to our Make-Up class policy as needed.**

_____ Parents are discouraged to observe any class on regular basis; this causes disruption and makes it harder for the Coach to keep students focused.

_____ Parents will be allowed to observe the class during the last week of each month.

_____ Parents coaching from the side either verbally or by sign language can be very disruptive to the gymnast, other team members and coaches.

_____ Parents may be banned for observation if it is determined they are disrupting the training and/or causing an unsafe training environment.

_____ **ANY Change on registration or class schedule MUST be notified to our office 30 days in advance.**

Tuition will not be pro-rated due to student injury or absence due to travel or illness, etc.